

# KLASAC

A coalition to build a healthy community with opportunities for youth and families of every background to thrive in an alcohol and drug-free environment.



TADAA attending 2023 WA Spring Youth Forum



Positive Norms Campaign created by TADAA 2023

## KLASAC Happenings

KLASAC is headed into our 10th year of working within the communities of Klickitat and Lyle. We want to thank everyone who has helped out and participated in KLASAC programs and activities. We have a lot of things happening this year to let you know about.

We will continue offering opportunities for community members, families and youth to join us in helping our communities make healthy, substance free decisions.

You can join in by attending KLASAC meetings, volunteering on our Executive Committee, attending community events, such as Family Game Nights, joining a parent coffee meeting, or taking one of our Positive Action parenting classes. We look forward to another great year!

## Upcoming Opportunities

### Positive Action Family Success Sessions

We are excited to offer parenting classes using the Positive Action curriculum this year. These classes will consist of 6 - 1 1/2 hour sessions that will support you with the knowledge and tools to lead your family effectively. Even the most seasoned parents can use some support and new ideas. Watch for sign up info or contact us at [klasaccoalition@gmail.com](mailto:klasaccoalition@gmail.com).

### Parent Coffee Meetings

KLASAC holds parent coffee meetings throughout each year. Watch for the date and invite. These meetings will start after the new year in 2024. These meetings are informal opportunities for parents to get together and socialize, while also receiving information on different topics at each meeting. This years topics will include mental health, the effects of alcohol on youth, vaping, and the effects of marijuana on youth.

## Community Events

KLASAC will hold at least two community events this year. So far we know that we will be holding Family Game Nights in October. These will take place in Lyle on October 17th from 6pm-7:30pm and Klickitat on October 19th from 6pm-7:30pm. Watch for flyers.

## KLASAC Coalition

KLASAC holds coalition meetings on the third Wednesday of each month from 5pm-6:00pm. These meetings are hybrid, both in person and virtual. These meetings alternate between Klickitat & Lyle each month. We would love to have you as a part of KLASAC. Attending meetings give you the opportunity to get updates, trainings, make decisions on programs and activities that KLASAC holds or participates in, input on local issues around substance use/abuse, and the chance to help make your communities a better place for our youth and community members. If you would like to receive email updates or get more information about meetings you can email [klasaccoalition@gmail.com](mailto:klasaccoalition@gmail.com) or call **Sheila at 509-316-9523**.

## KLASAC Executive Board

WE NEED YOU! The KLASAC Executive Board currently has positions open. Our Executive Board attends a once a month meeting on the second Monday from 5pm-6pm. Board members plan coalition meetings, run our workgroups, work on our yearly action plan and budget and make decisions on coalition happenings. For more info contact [klasaccoalition@gmail.com](mailto:klasaccoalition@gmail.com) or call **Sheila at 509-316-9523**.

## Community Survey

WE NEED YOUR INPUT! Please take a few minutes to complete our annual community survey. This is an important part of our data for planning purposes each year. Your input is valued. All adults living in, working in, or closely connected with Klickitat & Lyle can participate. Please help us reach our goal of 100 surveys.

ONLINE SURVEY ENGLISH

<https://www.surveymonkey.com/r/KLKLLYEN2023>

ONLINE SURVEY SPANISH

<https://es.surveymonkey.com/r/KLKLLYSP2023>

**Paper copy contact Sheila at 509-316-9523**

## Training Opportunities

KLASAC offers training opportunities throughout the year to coalition members and youth. Some of these trainings are virtual and others are in person. Our Student Assistance Prevention-Intervention Professional, Liz Lester, recently attended a national conference in Dalles, TX, the CADCA Mid-Year Institute. In the past coalition members have traveled to Washington DC to attend the CADCA National Leadership Forum to speak with our representatives. Youth leaders have traveled to conferences to learn with other youth that are doing prevention work in their communities. They have traveled as far as Florida. Our TADAA group traveled to the Spring Youth Forum this past May where they presented their project, The Klickitat County Resource Fair & the SPF, to other youth groups around WA State. Other prevention trainings are offered locally at coalition meetings and community events.

If you are interested in learning more about this contact us at [klasaccoalition@gmail.com](mailto:klasaccoalition@gmail.com).

## TADAA

TADAA (Teens Advocating for Drug and Alcohol Awareness) is the youth branch of the KLASAC coalition. TADAA has two school clubs located at Klickitat school and Lyle school. Students in 9-12th grade are invited to participate in the youth coalition. Students involved in TADAA meet weekly to plan and organize a project and plan drug and alcohol prevention events for their community. TADAA is led by the Student Assistance Prevention-Intervention Professional in each school and our Coalition Coordinator. In addition to TADAA, our Student Assistance Prevention-Intervention Professional facilitates the Prevention-Intervention program. The program offers a variety of skill building groups and/or individual sessions that will help students remove barriers to academic success. The program assists students in the following ways:

- Develop self-awareness and self-understanding
- Build confidence and self-esteem
- Develop positive relationships with their peers and significant people in their lives
- Gives students an opportunity to talk about their concerns
- Develop strategies that will strengthen their abilities in dealing with their own issues
- Deal with issues that may interfere with their readiness to learn
- Drug and alcohol awareness education

Students will have an opportunity to voluntarily participate in a pre/post questionnaire to help us measure the effectiveness of our services.